

NURTURING NEURODIVERGENCE

Bibliography

** Please note that the language used in some of the earlier research studies on ASD and ADHD, as well as research papers detailing their history may be upsetting to read for some. Please be mindful of that when you pick and choose readings that interest you.

Adra, N., Cao, A., Makris, N., & Valera, E. M. (2021). Sensory modulation disorder and its neural circuitry in adults with ADHD: A pilot study. *Brain Imaging and Behavior*, 15, 930-940.

American Psychiatric Association. (2022). Neurodevelopmental disorders. In *Diagnostic and statistical manual of mental disorders, fifth edition, text revision (DSM-5-TR; pp. 35-99)*. Washington: American Psychiatric Association.

Andreassen, C. S., Griffiths, M. D., Sinha, R., Hetland, J., & Pallesen, S. (2016). The relationships between workaholism and symptoms of psychiatric disorders: A large-scale cross-sectional study. *PloS ONE*, 11(5), e0152978.

Anker, E., Ogrim, G., & Heir, T. (2022). Verbal working memory and processing speed: Correlations with the severity of attention deficit and emotional dysregulation in adult ADHD. *Journal of Neuropsychology*, 16(1), 211-235.

Arnold, S. R., Higgins, J. M., Weise, J., Desai, A., Pellicano, E., & Trollor, J. N. (2023). Confirming the nature of autistic burnout. *Autism*, 13623613221147410.

Arnold, S. R., Higgins, J. M., Weise, J., Desai, A., Pellicano, E., & Trollor, J. N. (2023). Towards the measurement of autistic burnout. *Autism*, 13623613221147401.

Becker, S. P., Marsh, N. P., Holdaway, A. S., & Tamm, L. (2020). Sluggish cognitive tempo and processing speed in adolescents with ADHD: do findings vary based on informant and task? *European Child & Adolescent Psychiatry*, 29, 1371-1384.

Berg, K. L., Shiu, C. S., Acharya, K., Stolbach, B. C., & Msall, M. E. (2016). Disparities in adversity among children with autism spectrum disorder: a population-based study. *Developmental Medicine & Child Neurology*, 58(11), 1124-1131.

NURTURING NEURODIVERGENCE

- Bottema-Beutel, K., Kim, S. Y., & Crowley, S. (2019). A systematic review and meta-regression analysis of social functioning correlates in autism and typical development. *Autism Research*, 12(2), 152-175.
- Brattberg, G. (2006). PTSD and ADHD: Underlying factors in many cases of burnout. *Stress and Health: Journal of the International Society for the Investigation of Stress*, 22(5), 305-313.
- Brewe, A. M., Simmons, G. L., Capriola-Hall, N. N., & White, S. W. (2020). Sluggish cognitive tempo: An examination of clinical correlates for adults with autism. *Autism*, 24(6), 1373-1383.
- Bulluss, E. (2020, January 7). *When a late diagnosis of autism is life-changing: A diagnosis of autism in adulthood can change self-concept for the better*. Psychology Today. Retrieved March 2, 2023, from <https://www.psychologytoday.com/au/blog/insights-about-autism/202001/when-late-diagnosis-autism-is-life-changing>
- Butera, C. D., Harrison, L., Kilroy, E., Jayashankar, A., Shipkova, M., Pruyser, A., & Aziz-Zadeh, L. (2023). Relationships between alexithymia, interoception, and emotional empathy in autism spectrum disorder. *Autism*, 27(3), 690-703.
- Centers for Disease Control and Prevention, U.S. Department of Health & Human Services. (2022, August 15). *What is Epigenetics?* Centers for Disease Control and Prevention. Retrieved June 30, 2023, from <https://www.cdc.gov/genomics/disease/epigenetics.htm>
- Centers for Disease Control and Prevention & National Center for Injury Prevention and Control. (2005). *Choose respect community action kit: Helping preteens and teens build healthy relationships*. New York State Coalition Against Domestic Violence. Retrieved May 19, 2023, from https://www.nyscadv.org/file_download/6ed5d5ff-828f-4d2a-a537-54e5d6cd50af
- Craig, F., Margari, F., Legrottaglie, A. R., Palumbi, R., De Giambattista, C., & Margari, L. (2016). A review of executive function deficits in autism spectrum disorder and attention-deficit/hyperactivity disorder. *Neuropsychiatric Disease and Treatment*, 1191-1202.
- Darling Downs Health. (2021). *Signs you might be experiencing a burnout and how to regain balance in your life*. Queensland Government. Retrieved August 25, 2023, from <https://www.darlingdowns.health.qld.gov.au/about-us/our-stories/feature-articles/signs-you-might-be-experiencing-a-burnout-and-how-to-regain-balance-in-your-life>

NURTURING NEURODIVERGENCE

- Delgado-Lobete, L., Pértega-Díaz, S., Santos-del-Riego, S., & Montes-Montes, R. (2020). Sensory processing patterns in developmental coordination disorder, attention deficit hyperactivity disorder and typical development. *Research in Developmental Disabilities*, 100, 103608.
- Demurie, E., Roeyers, H., Baeyens, D., & Sonuga-Barke, E. (2012). Temporal discounting of monetary rewards in children and adolescents with ADHD and autism spectrum disorders. *Developmental Science*, 15(6), 791-800.
- Dindar, K., Loukusa, S., Leinonen, E., Mäkinen, L., Mämmelä, L., Mattila, M. L., ... & Hurtig, T. (2023). Autistic adults and adults with sub-clinical autistic traits differ from non-autistic adults in social-pragmatic inferencing and narrative discourse. *Autism*, 27(5), 1320-1335.
- Edel, MA., Edel, S., Krüger, M. et al. (2015). Attachment, recalled parental rearing, and ADHD symptoms predict emotion processing and alexithymia in adults with ADHD. *Ann Gen Psychiatry*, 14, 43. <https://doi.org/10.1186/s12991-015-0082-y>
- Edel, M. A., Rudel, A., Hubert, C., Scheele, D., Brüne, M., Juckel, G., & Assion, H. J. (2010). Alexithymia, emotion processing and social anxiety in adults with ADHD. *European Journal of Medical Research*, 15, 403-409.
- Fan, Y. T., Chen, C., Chen, S. C., Decety, J., & Cheng, Y. (2014). Empathic arousal and social understanding in individuals with autism: Evidence from fMRI and ERP measurements. *Social Cognitive and Affective Neuroscience*, 9(8), 1203-1213.
- Fishman, S. (2022, July 22). *3 common power dynamics in a relationship and how to resolve*. Psych Central. Retrieved March 29, 2023, from <https://psychcentral.com/relationships/power-dynamics-in-relationships>
- Gajwani, R., & Minnis, H. (2023). Double jeopardy: Implications of neurodevelopmental conditions and adverse childhood experiences for child health. *European Child & Adolescent Psychiatry*, 32(1), 1-4.
- Garner, A. A., Mrug, S., Hodgens, B., & Patterson, C. (2013). Do symptoms of sluggish cognitive tempo in children with ADHD symptoms represent comorbid internalizing difficulties? *Journal of Attention Disorders*, 17(6), 510-518.

NURTURING NEURODIVERGENCE

- Harris, R. (2022). *The Happiness Trap: How to stop struggling and start living*. Shambhala Publications.
- Harris, R., & Aisbett, B. (2013). *The Happiness Trap Pocketbook: An illustrated guide on how to stop struggling and start living (Vol. 3)*. Exisle Publishing.
- Haruvi-Lamdan, N., Horesh, D., Zohar, S., Kraus, M., & Golan, O. (2020). Autism spectrum disorder and post-traumatic stress disorder: An unexplored co-occurrence of conditions. *Autism*, 24(4), 884-898.
- Hayes, S. C., Strosahl, K. D., & Wilson, K. G. (1999). *Acceptance and commitment therapy (Vol. 6)*. New York: Guilford press.
- Herwig, U., Kaffenberger, T., Jäncke, L., & Brühl, A. B. (2010). Self-related awareness and emotion regulation. *NeuroImage*, 50(2), 734-741.
- Hughes, V. (2021, August 23). *My story as a late diagnosed autistic woman*. ADHD and Women. Retrieved March 2, 2023, from <https://adhd-women.eu/blog/best-day-of-my-life-late-diagnosis/>
- Hutchinson, M. & Campbell, A. (2020, September 15). *12 elements of healthy relationships*. John Hopkins University. Retrieved March 16, 2023, from <https://wellbeing.jhu.edu/blog/2020/09/15/12-elements-of-healthy-relationships/>
- Jacobson, L. A., Geist, M., & Mahone, E. M. (2018). Sluggish cognitive tempo, processing speed, and internalizing symptoms: The moderating effect of age. *Journal of Abnormal Child Psychology*, 46, 127-135.
- Jack, C. (2021, November 23). *Why a late diagnosis of autism leads to a mix of emotions*. Psychology Today. Retrieved March 2, 2023, from <https://www.psychologytoday.com/au/blog/women-autism-spectrum-disorder/202111/why-late-diagnosis-autism-leads-mix-emotions>
- Kamath, M. S., Dahm, C. R., Tucker, J. R., Huang-Pollock, C. L., Etter, N. M., & Neely, K. A. (2020). Sensory profiles in adults with and without ADHD. *Research in Developmental Disabilities*, 104, 103696.

NURTURING NEURODIVERGENCE

- Kanner, L. (1943). Autistic disturbances of affective contact. *Nervous Child*, 2(3), 217-250.
- Karukivi, M., Hautala, L., Kaleva, O., Haapasalo-Pesu, K. M., Liuksila, P. R., Joukamaa, M., & Saarijärvi, S. (2010). Alexithymia is associated with anxiety among adolescents. *Journal of Affective Disorders*, 125(1-3), 383-387.
- Kerns, C. M., Newschaffer, C. J., & Berkowitz, S. J. (2015). Traumatic childhood events and autism spectrum disorder. *Journal of Autism and Developmental Disorders*, 45, 3475-3486.
- Kircanski, K., Lieberman, M. D., & Craske, M. G. (2012). Feelings into words: Contributions of language to exposure therapy. *Psychological Science*, 23(10), 1086-1091.
- Lange KW, Reichl S, Lange KM, Tucha L, Tucha O. (2010). The history of attention deficit hyperactivity disorder. *Atten Defic Hyperact Disord*, 2(4):241-55. doi: 10.1007/s12402-010-0045-8.
- Leedham, A., Thompson, A. R., Smith, R., & Freeth, M. (2020). 'I was exhausted trying to figure it out': The experiences of females receiving an autism diagnosis in middle to late adulthood. *Autism*, 24(1), 135–146. <https://doi.org/10.1177/1362361319853442>
- Leonardo, N. (2020). *Active listening techniques: 30 practical tools to hone your communication skills*. Callisto Media, Inc.
- Lieberman, M. D., Eisenberger, N. I., Crockett, M. J., Tom, S. M., Pfeifer, J. H., & Way, B. M. (2007). Affect labeling disrupts amygdala activity in response to affective stimuli. *Psychological Science*, 18(5), 421-428.
- Lieberman, M. D., Inagaki, T. K., Tabibnia, G., & Crockett, M. J. (2011). Subjective responses to emotional stimuli during labeling, reappraisal, and distraction. *Emotion*, 11(3), 468.
- Livingston, L. A., Colvert, E., Social Relationships Study Team, Bolton, P., & Happé, F. (2019). Good social skills despite poor theory of mind: Exploring compensation in autism spectrum disorder. *Journal of Child Psychology and Psychiatry*, 60(1), 102-110.

NURTURING NEURODIVERGENCE

- Loo, S. K., McGough, J. J., McCracken, J. T., & Smalley, S. L. (2018). Parsing heterogeneity in attention-deficit hyperactivity disorder using EEG-based subgroups. *Journal of Child Psychology and Psychiatry*, 59(3), 223-231.
- Loth, E., Gómez, J. C., & Happé, F. (2008). Event schemas in autism spectrum disorders: The role of theory of mind and weak central coherence. *Journal of Autism and Developmental Disorders*, 38, 449-463.
- Lugo-Candelas, C., Corbeil, T., Wall, M., Posner, J., Bird, H., Canino, G., ... & Duarte, C. S. (2021). ADHD and risk for subsequent adverse childhood experiences: Understanding the cycle of adversity. *Journal of Child Psychology and Psychiatry*, 62(8), 971-978.
- Lupindo, B.M., Maw, A. & Shabalala, N. (2022). Late diagnosis of autism: Exploring experiences of males diagnosed with autism in adulthood. *Curr Psychol*, 1-17. <https://doi.org/10.1007/s12144-022-03514-z>
- Mantzalas, J., Richdale, A. L., Adikari, A., Lowe, J., & Dissanayake, C. (2022). What is autistic burnout? A thematic analysis of posts on two online platforms. *Autism in Adulthood*, 4(1), 52-65.
- Marie, S. (2022, September 30). *How to take responsibility for your feelings*. Psych Central. Retrieved May 19, 2023, from <https://psychcentral.com/blog/we-are-responsible-for-our-own-feelings#tips>
- Mayes, S. D., Becker, S. P., Calhoun, S. L., & Waschbusch, D. A. (2023). Comparison of the cognitive disengagement and hypoactivity components of sluggish cognitive tempo in autism, ADHD, and population-based samples of children. *Research on Child and Adolescent Psychopathology*, 51(1), 47-54.
- Mehta, T. R., Monegro, A., Nene, Y., Fayyaz, M., & Bollu, P. C. (2019). Neurobiology of ADHD: A review. *Current Developmental Disorders Reports*, 6, 235-240.
- Miller, L. J., Nielsen, D. M., & Schoen, S. A. (2012). Attention deficit hyperactivity disorder and sensory modulation disorder: A comparison of behavior and physiology. *Research in Developmental Disabilities*, 33(3), 804-818.

NURTURING NEURODIVERGENCE

- Milosavljevic, B., Carter Leno, V., Simonoff, E., Baird, G., Pickles, A., Jones, C. R., ... & Happé, F. (2016). Alexithymia in adolescents with autism spectrum disorder: Its relationship to internalising difficulties, sensory modulation and social cognition. *Journal of Autism and Developmental Disorders*, 46, 1354-1367.
- Moss, H. (2022, March 28). *Autistic women and gender diverse people are often diagnosed late – Here’s why*. Well and Good. Retrieved March 2, 2023, from <https://www.wellandgood.com/autistic-women-adult-diagnosis/>
- Noreika, V., Falter, C. M., & Rubia, K. (2013). Timing deficits in attention-deficit/hyperactivity disorder (ADHD): Evidence from neurocognitive and neuroimaging studies. *Neuropsychologia*, 51(2), 235-266.
- Pandey, R., Saxena, P., & Dubey, A. (2011). Emotion regulation difficulties in alexithymia and mental health. *Europe’s Journal of Psychology*, 7(4), 604-623.
- Philipp, M. C., & Lombardo, L. (2017). Hurt feelings and four letter words: Swearing alleviates the pain of social distress. *European Journal of Social Psychology*, 47(4), 517-523.
- Powell, T. (2017). *The Mental Health Handbook: A Cognitive Behavioural Approach*. London: Routledge.
- Rajagopal, V. M., ... Demontis, D. (2022). Differences in the genetic architecture of common and rare variants in childhood, persistent and late-diagnosed attention-deficit hyperactivity disorder. *Nature Genetics*, 54(8), 1117–1124. <https://doi.org/10.1038/s41588-022-01143-7>
- Raymaker, D. M., Teo, A. R., Steckler, N. A., Lentz, B., Scharer, M., Delos Santos, A., ... & Nicolaidis, C. (2020). “Having all of your internal resources exhausted beyond measure and being left with no clean-up crew”: Defining autistic burnout. *Autism in adulthood*, 2(2), 132-143.
- Robertson, O., Robinson, S. J., & Stephens, R. (2017). Swearing as a response to pain: A cross-cultural comparison of British and Japanese participants. *Scandinavian Journal of Pain*, 17(1), 267-272.
- Rogers, C. R. & Farson, R. E. (1957). *Active Listening*. Mansfield Centre: Martino Publishing.

NURTURING NEURODIVERGENCE

- Schilpzand, E. J., Sciberras, E., Alisic, E., Efron, D., Hazell, P., Jongeling, B., ... & Nicholson, J. M. (2018). Trauma exposure in children with and without ADHD: Prevalence and functional impairment in a community-based study of 6–8-year-old Australian children. *European Child & Adolescent Psychiatry, 27*, 811-819.
- Schmeichel, B. J., Volokhov, R. N., & Demaree, H. A. (2008). Working memory capacity and the self-regulation of emotional expression and experience. *Journal of Personality and Social Psychology, 95*(6), 1526.
- Schneider, M., VanOrmer, J., & Zlomke, K. (2019). Adverse childhood experiences and family resilience among children with autism spectrum disorder and attention-deficit/hyperactivity disorder. *Journal of Developmental & Behavioral Pediatrics, 40*(8), 573-580.
- Schulz, S. E., Kelley, E., Anagnostou, E., Nicolson, R., Georgiades, S., Crosbie, J., ... & Stevenson, R. A. (2023). Sensory processing patterns predict problem behaviours in autism spectrum disorder and attention-deficit/hyperactivity disorder. *Advances in Neurodevelopmental Disorders, 7*(1), 46-58.
- Sedley, B. (2015). *Stuff that Sucks: Accepting what you can't change and committing to what you can*. Hachette UK.
- Sirois, F. M. (2016). Procrastination, stress, and chronic health conditions: A temporal perspective. In F.M. Sirois & D. S. Molnar, *Procrastination, health, and well-being* (pp. 67-92). Academic Press.
- Smith, Z. R., Zald, D. H., & Lahey, B. B. (2020). Sluggish cognitive tempo and depressive symptoms in children and adolescents predict adulthood psychopathology. *Journal of Abnormal Child Psychology, 48*, 1591-1601.
- Stephens, R., & Umland, C. (2011). Swearing as a response to pain—Effect of daily swearing frequency. *The Journal of Pain, 12*(12), 1274-1281.
- Turjeman-Levi, Y., & Kluger, A. N. (2022). Sensory-processing sensitivity versus the sensory-processing theory: Convergence and divergence. *Frontiers in Psychology, 13*, 1010836.

NURTURING NEURODIVERGENCE

- Ünsel-Bolat, G., Ercan, E. S., Bolat, H., Süren, S., Bacanlı, A., Yazıcı, K. U., & Rohde, L. A. (2019). Comparisons between sluggish cognitive tempo and ADHD-restrictive inattentive presentation phenotypes in a clinical ADHD sample. *ADHD Attention Deficit and Hyperactivity Disorders*, 11, 363-372.
- Venta, A., Hart, J., & Sharp, C. (2013). The relation between experiential avoidance, alexithymia and emotion regulation in inpatient adolescents. *Clinical child psychology and psychiatry*, 18(3), 398-410.
- Wałęcka, M., Wojciechowska, K., & Wichniak, A. (2022). Central coherence in adults with a high-functioning autism spectrum disorder: In a search for a non-self-reporting screening tool. *Applied Neuropsychology: Adult*, 29(4), 677-683.
- Walker, L. E. (1979). Battered women: A psychosociological study of domestic violence. *Psychology of Women Quarterly*, 4(1), 136–138. <https://doi.org/10.1177/036168438000400101>
- Ward, L. (2022, December 9). *My journey as a late-diagnosed autistic and ADHD deaf woman*. Deaf Unity. Retrieved March 2, 2023, from https://deafunity.org/article_interview/my-journey-as-a-late-diagnosed-autistic-and-adhd-deaf-woman/
- Wolff, S. (2004). The history of autism. *European Child & Adolescent Psychiatry*, 13, 201-208.
- Zhang, N., Gao, M., Yu, J., Zhang, Q., Wang, W., Zhou, C., ... & Wang, J. (2022). Understanding the association between adverse childhood experiences and subsequent attention deficit hyperactivity disorder: A systematic review and meta-analysis of observational studies. *Brain and Behavior*, 12(10), e32748.

NURTURING NEURODIVERGENCE

Copyright Disclaimer

Copyright © 2023 JASMINE K. Y. LOO

Purchased Copy is for Your Personal Use Only.

No part of this downloaded digital document may be reproduced or transmitted in any form, by any means (electronic, photocopying, recording, or otherwise) for any purposes without the prior written permission of Jasmine Loo Psychology (JLP). This material does NOT contain any re-sale or re-distribution rights. By accessing this digital copy, you understand and agree that you will not illegally distribute this educational material, or be in violation of copyright laws and be subjected to legal action.

Medical and Legal Disclaimers

All content on this document is for informational or educational purposes only, and does not constitute a psychological service or medical advice. Always seek the guidance of your doctor or other qualified health professionals with all matter pertaining to your mental and physical health.

Never disregard the advice of a medical or mental health professional, or delay in seeking it because of something you have read on this book. If you are experiencing a medical emergency, please call your doctor, go to the nearest hospital emergency department, or call the emergency services immediately.

The content of this document may provide links to other company websites and resources as a reference for you. Jasmine Loo Psychology (JLP) and the author do not endorse any product, and are not responsible for the accuracy, quality or suitability of any linked websites.

JLP and the author accept no responsibility permitted by law for how any individual use the information presented on this book for the purpose of claims, compensation, litigation, damages or personal problems.

JLP and the author makes no representations or warranties, express or implied, about the completeness, accuracy, reliability, suitability or availability with respect to the information, products, services, or related graphics contained in this book for any purpose. Any use of this information is at your own risk.