

NURTURING NEURODIVERGENCE

## Bibliography (By Chapter)

\*\* Please note that the language used in some of the earlier research studies on ASD and ADHD, as well as research papers detailing their history may be upsetting to read for some. Please be mindful of that when you pick and choose readings that interest you.

### Chapter 1

American Psychiatric Association. (2022). Neurodevelopmental disorders. In *Diagnostic and statistical manual of mental disorders, fifth edition, text revision (DSM-5-TR; pp. 35-99)*. Washington: American Psychiatric Association.

Bottema-Beutel, K., Kim, S. Y., & Crowley, S. (2019). A systematic review and meta-regression analysis of social functioning correlates in autism and typical development. *Autism Research*, 12(2), 152-175.

Centers for Disease Control and Prevention, U.S. Department of Health & Human Services. (2022, August 15). *What is Epigenetics?* Centers for Disease Control and Prevention. Retrieved June 30, 2023, from <https://www.cdc.gov/genomics/disease/epigenetics.htm>

Dindar, K., Loukusa, S., Leinonen, E., Mäkinen, L., Mämmelä, L., Mattila, M. L., ... & Hurtig, T. (2023). Autistic adults and adults with sub-clinical autistic traits differ from non-autistic adults in social-pragmatic inferencing and narrative discourse. *Autism*, 27(5), 1320-1335.

Fan, Y. T., Chen, C., Chen, S. C., Decety, J., & Cheng, Y. (2014). Empathic arousal and social understanding in individuals with autism: Evidence from fMRI and ERP measurements. *Social Cognitive and Affective Neuroscience*, 9(8), 1203-1213.

Livingston, L. A., Colvert, E., Social Relationships Study Team, Bolton, P., & Happé, F. (2019). Good social skills despite poor theory of mind: Exploring compensation in autism spectrum disorder. *Journal of Child Psychology and Psychiatry*, 60(1), 102-110.

Loth, E., Gómez, J. C., & Happé, F. (2008). Event schemas in autism spectrum disorders: The role of theory of mind and weak central coherence. *Journal of Autism and Developmental Disorders*, 38, 449-463.

## NURTURING NEURODIVERGENCE

Wałęcka, M., Wojciechowska, K., & Wichniak, A. (2022). Central coherence in adults with a high-functioning autism spectrum disorder: In a search for a non-self-reporting screening tool. *Applied Neuropsychology: Adult*, 29(4), 677-683.

## Chapter 2

Adra, N., Cao, A., Makris, N., & Valera, E. M. (2021). Sensory modulation disorder and its neural circuitry in adults with ADHD: A pilot study. *Brain Imaging and Behavior*, 15, 930-940.

American Psychiatric Association. (2022). Neurodevelopmental disorders. In *Diagnostic and statistical manual of mental disorders, fifth edition, text revision (DSM-5-TR; pp. 35-99)*. Washington: American Psychiatric Association.

Anker, E., Ogrim, G., & Heir, T. (2022). Verbal working memory and processing speed: Correlations with the severity of attention deficit and emotional dysregulation in adult ADHD. *Journal of Neuropsychology*, 16(1), 211-235.

Becker, S. P., Marsh, N. P., Holdaway, A. S., & Tamm, L. (2020). Sluggish cognitive tempo and processing speed in adolescents with ADHD: do findings vary based on informant and task? *European Child & Adolescent Psychiatry*, 29, 1371-1384.

Brewe, A. M., Simmons, G. L., Capriola-Hall, N. N., & White, S. W. (2020). Sluggish cognitive tempo: An examination of clinical correlates for adults with autism. *Autism*, 24(6), 1373-1383.

Craig, F., Margari, F., Legrottaglie, A. R., Palumbi, R., De Giambattista, C., & Margari, L. (2016). A review of executive function deficits in autism spectrum disorder and attention-deficit/hyperactivity disorder. *Neuropsychiatric Disease and Treatment*, 1191-1202.

Delgado-Lobete, L., Pértega-Díaz, S., Santos-del-Riego, S., & Montes-Montes, R. (2020). Sensory processing patterns in developmental coordination disorder, attention deficit hyperactivity disorder and typical development. *Research in Developmental Disabilities*, 100, 103608.

Demurie, E., Roeyers, H., Baeyens, D., & Sonuga-Barke, E. (2012). Temporal discounting of monetary rewards in children and adolescents with ADHD and autism spectrum disorders. *Developmental Science*, 15(6), 791-800.

## NURTURING NEURODIVERGENCE

- Garner, A. A., Mrug, S., Hodgens, B., & Patterson, C. (2013). Do symptoms of sluggish cognitive tempo in children with ADHD symptoms represent comorbid internalizing difficulties? *Journal of Attention Disorders*, 17(6), 510-518.
- Jacobson, L. A., Geist, M., & Mahone, E. M. (2018). Sluggish cognitive tempo, processing speed, and internalizing symptoms: The moderating effect of age. *Journal of Abnormal Child Psychology*, 46, 127-135.
- Kamath, M. S., Dahm, C. R., Tucker, J. R., Huang-Pollock, C. L., Etter, N. M., & Neely, K. A. (2020). Sensory profiles in adults with and without ADHD. *Research in Developmental Disabilities*, 104, 103696.
- Loo, S. K., McGough, J. J., McCracken, J. T., & Smalley, S. L. (2018). Parsing heterogeneity in attention-deficit hyperactivity disorder using EEG-based subgroups. *Journal of Child Psychology and Psychiatry*, 59(3), 223-231.
- Mayes, S. D., Becker, S. P., Calhoun, S. L., & Waschbusch, D. A. (2023). Comparison of the cognitive disengagement and hypoactivity components of sluggish cognitive tempo in autism, ADHD, and population-based samples of children. *Research on Child and Adolescent Psychopathology*, 51(1), 47-54.
- Mehta, T. R., Monegro, A., Nene, Y., Fayyaz, M., & Bollu, P. C. (2019). Neurobiology of ADHD: A review. *Current Developmental Disorders Reports*, 6, 235-240.
- Miller, L. J., Nielsen, D. M., & Schoen, S. A. (2012). Attention deficit hyperactivity disorder and sensory modulation disorder: A comparison of behavior and physiology. *Research in Developmental Disabilities*, 33(3), 804-818.
- Noreika, V., Falter, C. M., & Rubia, K. (2013). Timing deficits in attention-deficit/hyperactivity disorder (ADHD): Evidence from neurocognitive and neuroimaging studies. *Neuropsychologia*, 51(2), 235-266.
- Schmeichel, B. J., Volokhov, R. N., & Demaree, H. A. (2008). Working memory capacity and the self-regulation of emotional expression and experience. *Journal of Personality and Social Psychology*, 95(6), 1526.

## NURTURING NEURODIVERGENCE

- Schulz, S. E., Kelley, E., Anagnostou, E., Nicolson, R., Georgiades, S., Crosbie, J., ... & Stevenson, R. A. (2023). Sensory processing patterns predict problem behaviours in autism spectrum disorder and attention-deficit/hyperactivity disorder. *Advances in Neurodevelopmental Disorders*, 7(1), 46-58.
- Sirois, F. M. (2016). Procrastination, stress, and chronic health conditions: A temporal perspective. In F.M. Sirois & D. S. Molnar, *Procrastination, health, and well-being* (pp. 67-92). Academic Press.
- Smith, Z. R., Zald, D. H., & Lahey, B. B. (2020). Sluggish cognitive tempo and depressive symptoms in children and adolescents predict adulthood psychopathology. *Journal of Abnormal Child Psychology*, 48, 1591-1601.
- Turjeman-Levi, Y., & Kluger, A. N. (2022). Sensory-processing sensitivity versus the sensory-processing theory: Convergence and divergence. *Frontiers in Psychology*, 13, 1010836.
- Ünsel-Bolat, G., Ercan, E. S., Bolat, H., Süren, S., Bacanlı, A., Yazıcı, K. U., & Rohde, L. A. (2019). Comparisons between sluggish cognitive tempo and ADHD-restrictive inattentive presentation phenotypes in a clinical ADHD sample. *ADHD Attention Deficit and Hyperactivity Disorders*, 11, 363-372.

## Chapter 3

- Bulluss, E. (2020, January 7). *When a late diagnosis of autism is life-changing: A diagnosis of autism in adulthood can change self-concept for the better*. Psychology Today. Retrieved March 2, 2023, from <https://www.psychologytoday.com/au/blog/insights-about-autism/202001/when-late-diagnosis-autism-is-life-changing>
- Hughes, V. (2021, August 23). *My story as a late diagnosed autistic woman*. ADHD and Women. Retrieved March 2, 2023, from <https://adhd-women.eu/blog/best-day-of-my-life-late-diagnosis/>
- Jack, C. (2021, November 23). *Why a late diagnosis of autism leads to a mix of emotions*. Psychology Today. Retrieved March 2, 2023, from <https://www.psychologytoday.com/au/blog/women-autism-spectrum-disorder/202111/why-late-diagnosis-autism-leads-mix-emotions>
- Kanner, L. (1943). Autistic disturbances of affective contact. *Nervous Child*, 2(3), 217-250.

## NURTURING NEURODIVERGENCE

- Lange KW, Reichl S, Lange KM, Tucha L, Tucha O. (2010). The history of attention deficit hyperactivity disorder. *Atten Defic Hyperact Disord*, 2(4):241-55. doi: 10.1007/s12402-010-0045-8.
- Leedham, A., Thompson, A. R., Smith, R., & Freeth, M. (2020). 'I was exhausted trying to figure it out': The experiences of females receiving an autism diagnosis in middle to late adulthood. *Autism*, 24(1), 135–146. <https://doi.org/10.1177/1362361319853442>
- Lupindo, B.M., Maw, A. & Shabalala, N. (2022). Late diagnosis of autism: Exploring experiences of males diagnosed with autism in adulthood. *Curr Psychol*, 1-17. <https://doi.org/10.1007/s12144-022-03514-z>
- Moss, H. (2022, March 28). *Autistic women and gender diverse people are often diagnosed late – Here's why*. Well and Good. Retrieved March 2, 2023, from <https://www.wellandgood.com/autistic-women-adult-diagnosis/>
- Rajagopal, V. M., ... Demontis, D. (2022). Differences in the genetic architecture of common and rare variants in childhood, persistent and late-diagnosed attention-deficit hyperactivity disorder. *Nature Genetics*, 54(8), 1117–1124. <https://doi.org/10.1038/s41588-022-01143-7>
- Ward, L. (2022, December 9). *My journey as a late-diagnosed autistic and ADHD deaf woman*. Deaf Unity. Retrieved March 2, 2023, from [https://deafunity.org/article\\_interview/my-journey-as-a-late-diagnosed-autistic-and-adhd-deaf-woman/](https://deafunity.org/article_interview/my-journey-as-a-late-diagnosed-autistic-and-adhd-deaf-woman/)
- Wolff, S. (2004). The history of autism. *European Child & Adolescent Psychiatry*, 13, 201-208.

## Chapter 4

- Berg, K. L., Shiu, C. S., Acharya, K., Stolbach, B. C., & Msall, M. E. (2016). Disparities in adversity among children with autism spectrum disorder: a population-based study. *Developmental Medicine & Child Neurology*, 58(11), 1124-1131.

- Centers for Disease Control and Prevention & National Center for Injury Prevention and Control. (2005). *Choose respect community action kit: Helping preteens and teens build healthy relationships*. New York State Coalition Against Domestic Violence. Retrieved May 19, 2023, from [https://www.nysadv.org/file\\_download/6ed5d5ff-828f-4d2a-a537-54e5d6cd50af](https://www.nysadv.org/file_download/6ed5d5ff-828f-4d2a-a537-54e5d6cd50af)

## NURTURING NEURODIVERGENCE

- Fishman, S. (2022, July 22). *3 common power dynamics in a relationship and how to resolve*. Psych Central. Retrieved March 29, 2023, from <https://psychcentral.com/relationships/power-dynamics-in-relationships>
- Gajwani, R., & Minnis, H. (2023). Double jeopardy: Implications of neurodevelopmental conditions and adverse childhood experiences for child health. *European Child & Adolescent Psychiatry*, 32(1), 1-4.
- Haruvi-Lamdan, N., Horesh, D., Zohar, S., Kraus, M., & Golan, O. (2020). Autism spectrum disorder and post-traumatic stress disorder: An unexplored co-occurrence of conditions. *Autism*, 24(4), 884-898.
- Hutchinson, M. & Campbell, A. (2020, September 15). *12 elements of healthy relationships*. John Hopkins University. Retrieved March 16, 2023, from <https://wellbeing.jhu.edu/blog/2020/09/15/12-elements-of-healthy-relationships/>
- Kerns, C. M., Newschaffer, C. J., & Berkowitz, S. J. (2015). Traumatic childhood events and autism spectrum disorder. *Journal of Autism and Developmental Disorders*, 45, 3475-3486.
- Lugo-Candelas, C., Corbeil, T., Wall, M., Posner, J., Bird, H., Canino, G., ... & Duarte, C. S. (2021). ADHD and risk for subsequent adverse childhood experiences: Understanding the cycle of adversity. *Journal of Child Psychology and Psychiatry*, 62(8), 971-978.
- Marie, S. (2022, September 30). *How to take responsibility for your feelings*. Psych Central. Retrieved May 19, 2023, from <https://psychcentral.com/blog/we-are-responsible-for-our-own-feelings#tips>
- Schilpzand, E. J., Sciberras, E., Alisic, E., Efron, D., Hazell, P., Jongeling, B., ... & Nicholson, J. M. (2018). Trauma exposure in children with and without ADHD: Prevalence and functional impairment in a community-based study of 6–8-year-old Australian children. *European Child & Adolescent Psychiatry*, 27, 811-819.
- Schneider, M., VanOrmer, J., & Zlomke, K. (2019). Adverse childhood experiences and family resilience among children with autism spectrum disorder and attention-deficit/hyperactivity disorder. *Journal of Developmental & Behavioral Pediatrics*, 40(8), 573-580.

## NURTURING NEURODIVERGENCE

Walker, L. E. (1979). Battered women: A psychosociological study of domestic violence. *Psychology of Women Quarterly*, 4(1), 136–138. <https://doi.org/10.1177/036168438000400101>

Zhang, N., Gao, M., Yu, J., Zhang, Q., Wang, W., Zhou, C., ... & Wang, J. (2022). Understanding the association between adverse childhood experiences and subsequent attention deficit hyperactivity disorder: A systematic review and meta-analysis of observational studies. *Brain and Behavior*, 12(10), e32748.

## Chapter 5

Andreassen, C. S., Griffiths, M. D., Sinha, R., Hetland, J., & Pallesen, S. (2016). The relationships between workaholism and symptoms of psychiatric disorders: A large-scale cross-sectional study. *PloS ONE*, 11(5), e0152978.

Arnold, S. R., Higgins, J. M., Weise, J., Desai, A., Pellicano, E., & Trollor, J. N. (2023). Confirming the nature of autistic burnout. *Autism*, 13623613221147410.

Arnold, S. R., Higgins, J. M., Weise, J., Desai, A., Pellicano, E., & Trollor, J. N. (2023). Towards the measurement of autistic burnout. *Autism*, 13623613221147401.

Brattberg, G. (2006). PTSD and ADHD: Underlying factors in many cases of burnout. *Stress and Health: Journal of the International Society for the Investigation of Stress*, 22(5), 305-313.

Darling Downs Health. (2021). *Signs you might be experiencing a burnout and how to regain balance in your life*. Queensland Government. Retrieved August 25, 2023, from <https://www.darlingdowns.health.qld.gov.au/about-us/our-stories/feature-articles/signs-you-might-be-experiencing-a-burnout-and-how-to-regain-balance-in-your-life>

Mantzalas, J., Richdale, A. L., Adikari, A., Lowe, J., & Dissanayake, C. (2022). What is autistic burnout? A thematic analysis of posts on two online platforms. *Autism in Adulthood*, 4(1), 52-65.

Raymaker, D. M., Teo, A. R., Steckler, N. A., Lentz, B., Scharer, M., Delos Santos, A., ... & Nicolaidis, C. (2020). “Having all of your internal resources exhausted beyond measure and being left with no clean-up crew”: Defining autistic burnout. *Autism in adulthood*, 2(2), 132-143.

## NURTURING NEURODIVERGENCE

### Chapter 6

Leonardo, N. (2020). *Active listening techniques: 30 practical tools to hone your communication skills*. Callisto Media, Inc.

Powell, T. (2017). *The Mental Health Handbook: A Cognitive Behavioural Approach*. London: Routledge.

Rogers, C. R. & Farson, R. E. (1957). *Active Listening*. Mansfield Centre: Martino Publishing.

### Chapter 7

Butera, C. D., Harrison, L., Kilroy, E., Jayashankar, A., Shipkova, M., Pruyser, A., & Aziz-Zadeh, L. (2023). Relationships between alexithymia, interoception, and emotional empathy in autism spectrum disorder. *Autism*, 27(3), 690-703.

Edel, MA., Edel, S., Krüger, M. et al. (2015). Attachment, recalled parental rearing, and ADHD symptoms predict emotion processing and alexithymia in adults with ADHD. *Ann Gen Psychiatry*, 14, 43. <https://doi.org/10.1186/s12991-015-0082-y>

Edel, M. A., Rudel, A., Hubert, C., Scheele, D., Brüne, M., Juckel, G., & Assion, H. J. (2010). Alexithymia, emotion processing and social anxiety in adults with ADHD. *European Journal of Medical Research*, 15, 403-409.

Herwig, U., Kaffenberger, T., Jäncke, L., & Brühl, A. B. (2010). Self-related awareness and emotion regulation. *NeuroImage*, 50(2), 734-741.

Karukivi, M., Hautala, L., Kaleva, O., Haapasalo-Pesu, K. M., Liuksila, P. R., Joukamaa, M., & Saarijärvi, S. (2010). Alexithymia is associated with anxiety among adolescents. *Journal of Affective Disorders*, 125(1-3), 383-387.

Kircanski, K., Lieberman, M. D., & Craske, M. G. (2012). Feelings into words: Contributions of language to exposure therapy. *Psychological Science*, 23(10), 1086-1091.

Lieberman, M. D., Eisenberger, N. I., Crockett, M. J., Tom, S. M., Pfeifer, J. H., & Way, B. M. (2007). Affect labeling disrupts amygdala activity in response to affective stimuli. *Psychological Science*, 18(5), 421-428.



## NURTURING NEURODIVERGENCE

- Lieberman, M. D., Inagaki, T. K., Tabibnia, G., & Crockett, M. J. (2011). Subjective responses to emotional stimuli during labeling, reappraisal, and distraction. *Emotion*, 11(3), 468.
- Milosavljevic, B., Carter Leno, V., Simonoff, E., Baird, G., Pickles, A., Jones, C. R., ... & Happé, F. (2016). Alexithymia in adolescents with autism spectrum disorder: Its relationship to internalising difficulties, sensory modulation and social cognition. *Journal of Autism and Developmental Disorders*, 46, 1354-1367.
- Pandey, R., Saxena, P., & Dubey, A. (2011). Emotion regulation difficulties in alexithymia and mental health. *Europe's Journal of Psychology*, 7(4), 604-623.
- Philipp, M. C., & Lombardo, L. (2017). Hurt feelings and four letter words: Swearing alleviates the pain of social distress. *European Journal of Social Psychology*, 47(4), 517-523.
- Robertson, O., Robinson, S. J., & Stephens, R. (2017). Swearing as a response to pain: A cross-cultural comparison of British and Japanese participants. *Scandinavian Journal of Pain*, 17(1), 267-272.
- Stephens, R., & Umland, C. (2011). Swearing as a response to pain—Effect of daily swearing frequency. *The Journal of Pain*, 12(12), 1274-1281.
- Venta, A., Hart, J., & Sharp, C. (2013). The relation between experiential avoidance, alexithymia and emotion regulation in inpatient adolescents. *Clinical child psychology and psychiatry*, 18(3), 398-410.

## Chapter 8

- Harris, R. (2022). *The Happiness Trap: How to stop struggling and start living*. Shambhala Publications.
- Harris, R., & Aisbett, B. (2013). *The Happiness Trap Pocketbook: An illustrated guide on how to stop struggling and start living (Vol. 3)*. Exisle Publishing.
- Hayes, S. C., Strosahl, K. D., & Wilson, K. G. (1999). *Acceptance and commitment therapy (Vol. 6)*. New York: Guilford press.

JASMINE

Lee

*Embracing Neurodivergence*

NURTURING NEURODIVERGENCE

Sedley, B. (2015). *Stuff that Sucks: Accepting what you can't change and committing to what you can.*  
Hachette UK.

## Copyright Disclaimer

Copyright © 2023 JASMINE K. Y. LOO

***Purchased Copy is for Your Personal Use Only.***

No part of this downloaded digital document may be reproduced or transmitted in any form, by any means (electronic, photocopying, recording, or otherwise) for any purposes without the prior written permission of Jasmine Loo Psychology (JLP). This material does NOT contain any re-sale or re-distribution rights. By accessing this digital copy, you understand and agree that you will not illegally distribute this educational material, or be in violation of copyright laws and be subjected to legal action.

## Medical and Legal Disclaimers

All content on this document is for informational or educational purposes only, and does not constitute a psychological service or medical advice. Always seek the guidance of your doctor or other qualified health professionals with all matter pertaining to your mental and physical health.

Never disregard the advice of a medical or mental health professional, or delay in seeking it because of something you have read on this book. If you are experiencing a medical emergency, please call your doctor, go to the nearest hospital emergency department, or call the emergency services immediately.

The content of this document may provide links to other company websites and resources as a reference for you. Jasmine Loo Psychology (JLP) and the author do not endorse any product, and are not responsible for the accuracy, quality or suitability of any linked websites.

JLP and the author accept no responsibility permitted by law for how any individual use the information presented on this book for the purpose of claims, compensation, litigation, damages or personal problems.

JLP and the author makes no representations or warranties, express or implied, about the completeness, accuracy, reliability, suitability or availability with respect to the information, products, services, or related graphics contained in this book for any purpose. Any use of this information is at your own risk.